Oman: Population by nationality (Omani/non-Omani), sex and age group (2023)

	Omanis			Expatriates			Total		
	Males	Females	Total	Males	Females	Total	Males	Females	Total
0-4	185,929	179,730	**365,659**	29,645	28,071	**57,716**	215,574	207,801	**423,375**
5-9	209,421	201,574	**410,995**	33,484	31,975	**65,459**	242,905	233,549	**476,454**
10-14	170,250	165,045	**335,295**	27,812	25,842	**53,654**	198,062	190,887	**388,949**
15-19	126,275	121,354	**247,629**	20,647	19,066	**39,713**	146,922	140,420	**287,342**
20-24	110,133	107,390	**217,523**	150,980	38,393	**189,373**	261,113	145,783	**406,896**
25-29	115,076	111,291	**226,367**	259,826	61,196	**321,022**	374,902	172,487	**547,389**
30-34	123,856	121,376	**245,232**	316,076	75,202	**391,278**	439,932	196,578	**636,510**
35-39	116,740	114,377	**231,117**	337,055	78,066	**415,121**	453,795	192,443	**646,238**
40-44	93,746	93,064	**186,810**	238,597	57,752	**296,349**	332,343	150,816	**483,159**
45-49	67,986	68,290	**136,276**	141,083	37,514	**178,597**	209,069	105,804	**314,873**
50-54	44,163	42,691	**86,854**	89,470	21,933	**111,403**	133,633	64,624	**198,257**
55-59	31,874	33,707	**65,581**	49,157	12,441	**61,598**	81,031	46,148	**127,179**
60-64	26,972	30,799	**57,771**	22,105	7,404	**29,509**	49,077	38,203	**87,280**
65-69	18,614	23,473	**42,087**	10,714	4,389	**15,103**	29,328	27,862	**57,190**
70-74	13,184	16,898	**30,082**	3,351	2,520	**5,871**	16,535	19,418	**35,953**
75-79	8,709	10,432	**19,141**	1481	1319	**2,800**	10,190	11,751	**21,941**
> 80	11,187	13,351	**24,538**	1153	926	**2,079**	12,340	14,277	**26,617**
Total	**1,474,115**	**1,454,842**	**2,928,957**	**1,732,636**	**504,009**	**2,236,645**	**3,206,751**	**1,958,851**	**5,165,602**

Source: National Centre for Statistics and Information

ANNEXED NOTE

1. Technical Notes and Definitions

Period of reference: 31/12.
Source of the data: data updated from e-census 2020; based on vital statistics (births and deaths) produced by the Ministry of Health (MOH), and National Registration System (Royal Oman Police).
The civil registration records all Omani and expatriate residents. It is based on the civil status system and is maintained
by the General Directorate of Civil Status, a part of the Royal Oman Police. Since 2004, registration of all vital events taking place in the Sultanate (births, death, marriages and divorces) in the civil register is mandatory for Omanis and foreign residents of the Sultanate.
e-census 2020:

Population data and statistics: methodology explained in publication "Electronic Census System for the E-Census for Population, Residences & Establishments 2020", especially pp. 15-16; 19-20

https://portal.ecensus.gov.om/web/
Portal of e-census 2020 and data updates for December 2021 to 2023: https://portal.ecensus.gov.om/web/

Characteristics of data:

Figures refer to 1. Omanis holding an official valid document registered in the National Registration System, or expired for less than ten years.
2. Foreign residents holding valid visas, or visas expired for lesss than two years; dependents holding valid visas, providing that they are in the country.
Residence visa for expatriates includes residence visa for a wife of an Omani, student resident, multiple entry visa, employment visa, employment contracting visa, official visit visa, investor visa. The dependent visa includes Family Reunion visas and relat□ive/ friend visit visa.

2. Institution which provides data

National Center for Statistics and Information (NCSI)

3. Data availability

As of April 2025, census 2020 data processing tool is not functional.
Data were retrieved from Oman Statistical Yearbook 2024, Population section: https://www.ncsi.gov.om/Pages/Publications.aspx

Date of access: 23 April 2025.
GLMM and GRC cannot guarantee that the link to access the source will not change;
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Keywords: Oman, Foreign & National Population